

COVID-19 CORONAVIRUS

STOP THE SPREAD



**WASH YOUR HANDS
WITH SOAP AND WARM
WATER REGULARLY**



**DISINFECT SURFACES
AND FREQUENTLY
TOUCHED OBJECTS**



**COVER COUGHING AND
SNEEZING WITH A
TISSUE OR ELBOW**



**MAINTAIN 4SQM PER
PERSON IN INDOOR
GATHERINGS**



**IF YOU FEEL ILL, STAY
AT HOME AND REST**



**IF YOU HAVE
SYMPTOMS, SEEK
MEDICAL CARE**



**Coronavirus (COVID-19) Health
Information Line (24/7)
Call 1800 020 080**

**Healthdirect hotline (24/7)
Speak to a nurse
Call 1800 022 222**